## PROFESSIONAL SUPPORT

# Making the case for Clinical Nurse Specialists 

This survey was carried out to review the current state of the CNS workforce in 2019 following a previous survey carried out in 2014.

How many hours per week are you contracted to work?


| Answer choices | Percentage | Responses |
| :---: | :---: | :---: |
| $7.5-15$ hours | 2.15 per cent | 2 |
| $16-20$ hours | 5.38 per cent | 5 |
| $21-25$ hours | 6.45 per cent | 6 |
| $26-30$ hours | 11.83 per cent | 11 |
| $31-35$ hours | 4.30 per cent | 4 |
| $36-37.5$ hours | 67.74 per cent | 63 |
| More than 37.5 hours | 2.15 per cent | 2 |
| Total |  | 93 |

How many hospital sites do you cover?


| Answer choices | Percentage | Responses |
| :---: | :---: | :---: |
| 1 | 56.52 per cent | 52 |
| 2 | 20.65 per cent | 19 |
| 3 | 16.30 per cent | 15 |
| 4 | 2.17 per cent | 2 |
| 5 or more | 3.26 per cent | 3 |
| I only work in the community | 1.09 per cent | 1 |
| I work primarily in the |  |  |
| surgical centre | 0 per cent | 0 |
| Total |  | $\mathbf{9 2}$ |

## Please tell us what grade you are working at.



| Answer choices | Percentage | Responses |
| :---: | :---: | :---: |
| Band 1-3 | 0.00 per cent | 0 |
| Band 4 | 0.00 per cent | 0 |
| Band 5 | 1.08 per cent | 1 |
| Band 6 | 22.58 per cent | 21 |
| Band 7 | 51.61 per cent | 48 |
| Band 8 | 3.23 per cent | 3 |
| Band 8a-d | 2.35 per cent | 18 |
| Would rather not say |  |  |
| Total |  | 2 |
| 2.15 per cent | 93 |  |

## What is your main area of practice? <br> (i.e. over 50 per cent of your contracted time.)



| Answer choices | Percentage | Responses |
| :---: | :---: | :---: |
| A1. Benign | 2.15 per cent | 2 |
| A2. Chemo/day care | 0.00 per cent | 0 |
| A3. Continence | 2.15 per cent | 2 |
| A4. Research/Clinical Trials | 1.08 per cent | 1 |
| A5. Surgery <br> (including day surgery) | 2.15 per cent | 2 |
| A6. Uro-oncology <br> (includes prostate, bladder, <br> testicular etc.) | 81.72 per cent | 76 |
| A7. Other | 10.75 per cent | 10 |
| Total |  | 93 |

How long have you worked with prostate cancer patients?


| Answer choices | Percentage | Responses |
| :---: | :---: | :---: |
| Less than 1 year | 5.38 per cent | 5 |
| $1-3$ years | 13.98 per cent | 13 |
| $4-6$ years | 16.13 per cent | 15 |
| $7-10$ years | 10.75 per cent | 10 |
| Over 10 years | 53.76 per cent | 50 |
| Would rather not say | 0.00 per cent | 0 |
| Total |  | $\mathbf{9 3}$ |

From your contracted hours, how much of your time do you think is spent providing care to patients with prostate cancer or suspected prostate cancer? (This can be a rough estimate.)


| Answer choices | Percentage | Responses |
| :---: | :---: | :---: |
| Less than 30 per cent | 6.45 per cent | 6 |
| 30 per cent | 7.53 per cent | 7 |
| 50 per cent | 27.96 per cent | 26 |
| 80 per cent | 44.09 per cent | 41 |
| 100 per cent | 13.98 per cent | 13 |
| Total |  | $\mathbf{9 3}$ |

If you work unpaid overtime, please estimate the average hours of unpaid overtime per week. (When thinking about unpaid overtime please include working through meal breaks.)


| Answer choices | Percentage | Responses |
| :---: | :---: | :---: |
| 1-3 hours a week | 32.26 per cent | 30 |
| 4-7 hours a week | 35.48 per cent | 33 |
| 8-10 hours a week | 7.53 per cent | 7 |
| More than 10 hours a week | 11.83 per cent | 11 |
| I do not regularly work unpaid overtime | 12.90 per cent | 12 |
| Total |  | 93 |

How many hours of administrative support do you have per week?
(Administrative support includes help with typing letters or doing routine non-clinical admin.)


| Answer choices | Percentage | Responses |
| :---: | :---: | :---: |
| A1. I have no admin <br> support whatsoever | 14.13 per cent | 13 |
| A2. I have admin support <br> only for clinic letters <br> A3. I have 1-5 hours of admin <br> support to use as I wish | 42.39 per cent | 39 |
| A4. I have 6-12 hours <br> of admin support to <br> use how I wish | 11.96 per cent | 11 |
| A5. I have 13-20 hours of admin |  |  |
| support to use |  |  |
| how I wish |  |  |$\quad 9.78$ per cent | A6. I have more than 20 hours <br> of admin support to use <br> how I wish | 14.13 per cent |
| :---: | :---: |

What do you estimate your current caseload to be today? (All patients, at all stages of disease.)


| Answer choices | Percentage | Responses |
| :---: | :---: | :---: |
| Fewer than 100 patients | 6.52 per cent | 6 |
| $101-200$ patients | 3.26 per cent | 3 |
| $201-300$ patients | 14.13 per cent | 13 |
| $301-400$ patients | 7.61 per cent | 7 |
| $410-500$ patients | 4.35 per cent | 4 |
| $501-600$ patients | 5.43 per cent | 5 |
| Greater than 600 patients | 30.43 per cent | 28 |
| Unknown | 28.26 per cent | 26 |
| Total |  | 92 |

Please tell us which specialist nursing interventions you are not able to provide at which parts of the prostate cancer patient journey for most patients (i.e. you are not able to provide more than 70 per cent of the time for patients).

|  |  | Stages of patient journey |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\begin{aligned} & \text { Pre- } \\ & \text { diagnosis } \end{aligned}$ | Diagnosis | Post diagnosis | Treatment | End of treatment | Follow up and stable disease | Continence | Erectile dysfunction | Progressive | End of life care | Average percentage of time unable to provide intervention |
|  | Total triage referrals | 50.00 | 32.26 | 27.42 | 20.97 | 29.03 | 22.58 | 37.10 | 29.03 | 27.42 | 43.55 | 31.94 |
|  | Physical assessment | 42.11 | 31.58 | 24.56 | 26.32 | 31.58 | 22.81 | 33.33 | 35.09 | 38.60 | 57.89 | 34.39 |
|  | Symptom control | 42.22 | 17.78 | 11.11 | 6.67 | 13.33 | 13.33 | 13.33 | 20.00 | 22.22 | 51.11 | 21.11 |
|  | Prescribing medication | 67.21 | 60.66 | 60.66 | 60.66 | 60.66 | 55.74 | 63.93 | 65.57 | 63.93 | 70.49 | 62.95 |
|  | Requesting labs/imaging | 51.43 | 37.14 | 34.29 | 25.71 | 31.43 | 34.29 | 37.14 | 42.86 | 34.29 | 45.71 | 37.43 |
|  | Performing procedures (e.g. biopsy) | 58.33 | 58.33 | 53.33 | 51.67 | 55.00 | 48.33 | 58.33 | 63.33 | 55.00 | 65.00 | 56.67 |
|  | Meeting | 43.18 | 25.00 | 18.18 | 15.91 | 22.73 | 25.00 | 25.00 | 34.09 | 15.91 | 38.64 | 26.36 |
|  | Information needs of patients and family | 51.52 | 27.27 | 18.18 | 15.15 | 18.18 | 21.21 | 18.18 | 36.36 | 21.21 | 39.39 | 26.67 |
|  | Social interventions benefits/advice | 52.50 | 25.00 | 22.50 | 22.50 | 25.00 | 22.50 | 35.00 | 35.00 | 32.50 | 35.00 | 30.75 |
|  | Formal holistic needs assessment | 48.00 | 24.00 | 28.00 | 22.00 | 30.00 | 18.00 | 26.00 | 40.00 | 26.00 | 44.00 | 30.60 |
|  | Referrals | 45.95 | 21.62 | 16.22 | 8.11 | 24.32 | 16.22 | 29.73 | 32.43 | 27.03 | 40.54 | 26.22 |
|  | I do not see patients routinely during this time | 59.65 | 17.54 | 8.77 | 10.53 | 21.05 | 14.04 | 21.05 | 31.58 | 12.28 | 47.37 | 24.39 |

## Do you have unfilled vacancies/frozen posts in your team? If so, how many whole-time equivalents are required and which bands are they?

The respondents declared unfilled or frozen posts. This equated to 58.3 full time equivalents across the UK. This does not reflect need for posts but only posts currently unfilled. One respondent cited 3.6 Whole Time Equivalent (WTE) posts unfilled.

|  | 2014 | 2019 |
| :---: | :---: | :---: |
| 0 | 81 per cent | $79 \%$ |
| 1 | 15 per cent | $17 \%$ |
| Part time | 3 per cent | $1 \%$ |
| 2 or more | 1 per cent | $3 \%$ |

## To look at the future workforce it would help us to know your future plans.

 Please tick the answer that is closest to your plans.

| Answer choices | Percentage | Responses |
| :---: | :---: | :---: |
| A1. I have no plans to retire <br> in the next 10 years | 44.57 per cent | 41 |
| A2. I plan to retire/am eligible to <br> retire in the next 10 years <br> A3. I plan to retire/am eligible to <br> retire in the next five years | 22.83 per cent | 21 |
| A4. Rather not say | 14.13 per cent | 13 |
| A5. I have no plans to retire but <br> plan to leave nursing <br> in the next five years <br> A6. Don't know | 3.09 per cent | 1 |
| A7. I plan to retire/am eligible to <br> retire in the next year | 2.26 per cent | 3 |
| A8. Other | 8.17 per cent | 3 |
| Total |  | 2 |

## PROFESSIONAL SUPPORT

# For more information on how we can support you to support men, visit prostatecanceruk.org/profs 

