# SWAG Cancer Alliance GP Treatment Summary: Colorectal Palliative Care





Name Born Gender Hospital No NHS No

Diagnosis:					
Date of Diagnosis:	Information will already be in place	Information will already be in place			
Organ/Staging:					
Treatment Aim:	Drop Down Options: Symptom Control / Palliative /End of Life	Indicate from drop down treatment plan			
Treatment Aim Comments:					
Insert patient name has been diagnosed with metastatic disease					
Local/Distant	Insert relevant sites				
Summary of treatment and relevant dates	Add in treatment given if not already in place				

Comments: Add in patient specific information around possible side-effects from disease and/or treatments

#### Patient may experience the following:

- Lethargy, poor concentration and low stamina
- Emotional problems/anxiety/depression advice from colorectal clinical nurse specialist team, patient support groups and counselling services are available

Please add in specific symptoms patient may experience depending on location of metastatic disease:

#### Alert symptoms that require referral back to specialist team

#### The following will be automatically inserted UNLESS YOU STATE OTHERWISE:

- Any symptoms of possible disease progression including persistent anorexia and nausea, persistent bone pain, jaundice, persistent cough or shortness of breath, persistent headache
- Signs / symptoms of metastatic spinal cord compression MSCC Co-Ordinator: Oncology On Call Registrar (provide number)

## Secondary Ongoing Management Plan (Tests Appointments etc.)

Patients receiving palliative treatments will be routinely followed up at - insert treatment centre. Future treatments will depend on the patients' symptoms and any disease progression and may include chemotherapy and/ or radiotherapy.

Advise entry onto primary care palliative or supportive care register	Drop Down Options:	Indicate Yes /No	
DS1500 application completed	Drop Down Options:		
Prescription Charge exemption arranged	Drop Down Options:	Indicate Yes/ No	
Contacts for re-referrals or queries: In Hours Out of Hours	In Hours: If within 6 weeks of oncology treatment – (provide number)		
	After 6 weeks – refer back to treating consultant or via oncology registrar on call – (provide number)		

Out of Hours: Oncology Registrar On Call – (provide number/ bleep)	
Colorectal Clinical Nurse Specialists – (provide number)	

Referrals made to other services:			
АНР	Menopause/Endocrine support	Sexual dysfunction therapist	Tick relevant
Benefits/Advice Service	Occupational Therapist	Social Worker	boxes or advise
Bowel or bladder Incontinence service	Other	Speech and language therapist	secretary which
Clinical Nurse Specialist	Physical activity	Stoma service	
Complementary Therapist	Physiotherapy	Support Group	
Dietitian	Prosthetics service	Vocational Rehabilitation (work)	
District Nurse	Psychologist	Wig service	

Required GP actions in addition to GP Cancer Care Review (e.g. ongoing medication, osteoporosis and cardiac screening):

Please add any patient specific information:

Summary of information given to the patient about their cancer and future progress:

### The following will be inserted UNLESS YOU STATE OTHERWISE:

...... is aware of all the details regarding his/her colorectal cancer as documented in the information above. He/she understands that the cancer is incurable and that they have received treatment with the aim of prolonging survival and controlling symptoms. He/she is aware that if they have any symptoms of concern to contact the colorectal nurse specialists who will advise on an appropriate course of action.

Please use the link to access and order the  $\underline{\mathsf{Macmillan}\,\mathsf{Pelvic}\,\mathsf{Radiotherapy}\,\mathsf{Toilet}\,\mathsf{Card}}$  and symptom checklist if appropriate

## Additional information relating to lifestyle and support needs:

We have explained the importance of trying to maintain a healthy lifestyle encouraging a healthy weight, well balanced diet, minimal alcohol, regular exercise and smoking cessation.

There are many services available to support patients in their recovery and the Colorectal Nurse Specialists and our Macmillan Support Worker(s) are very happy to discuss any concerns or help with referrals

Insert relevant local information about Hospice support, stoma nurses, Cancer Information & Support centres, exercise schemes, self-management programmes, fatigue management services, support groups etc.